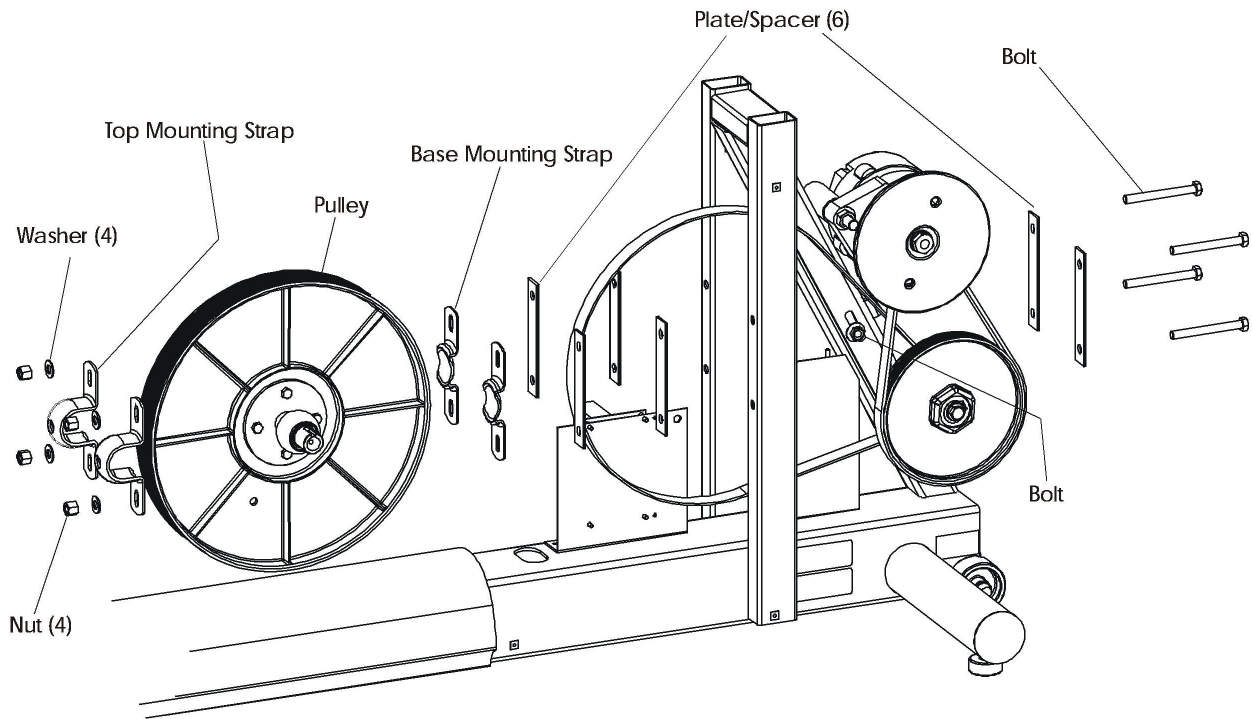


Life Fitness Models X9i, 8500, 9100, and 9500HR Cross-Trainers

How To... Replace Crankshaft Pulley Assembly for X9i

Tools required: Allen wrench set, 3/8" Socket set, and Standard wrench set



1. Remove the REAR COVERS. See How To...Remove Rear Covers.
2. Loosen five(5) mounting bolts on the ALTERNATOR SUPPORT BRACKET. Push this bracket up to remove tension on the DRIVE BELT, and remove the drive belt.
3. Remove the top mounting straps securing the pillow block ball bearings.
4. Remove retaining ring and pull off the pillow block ball bearing from the left and right sides.
5. Remove the bolts and nuts from the crank plates, and remove the crankshaft from the pulley.
6. Install new crank pulley and components as required.

